

would be better to have proper diagnosis and support for condition post neuroleptic meds and assistance with dealing with abuse that took place at the hospital and afterward.

it's funny how people think I need to be able to tell someone (have a lawyer for example) to be free from abuse and neglect and that as long as I can't they're free to allow and engage in whatever behavior they want.

mental health treatment has no bearing, offers no hope for cure or treatment for this condition. it's a purely an organic state of my brain/nervous system/muscles/body left over from the trauma of taking seroquel and antipsychotic medication, and most of it's intense state was triggered by physical abuse and stimuli I was given at the hospital - it has ruined my body and cognitive state. the stimuli I receive continues to be destructive and I have no valid diagnosis or direction on getting treatment or gaining control of my life again. they're dangerous and coersive and don't provide any legitimate support or guidance for this problem. they misused technological measures to observe the problem and yet provide no diagnosis or treatment relates to what they observed, it was only used to manipulate and control me and otherwise contrive, falsify my record and documentation.

notes for visit with Karen Woodson

The way I described myself last time is accurate and it was a lot worse. It would be nice to have a more in-depth analysis done, maybe MRI and that type of stuff. My mind is really out of focus because of this as well, so we should push hard for more testing and specialist review. I should also get help with my ADD symptoms, support for emotional and psychological problems is less relevant/important for dealing with this problem BUT is welcome. What is wrong with me is I've been through an excruciating amount of abuse that is more physical in nature (and involves medications being used improperly) and the state hospital has been limiting my ability to function and communicate. The damage is physical.

I still have large portions of muscles that I can't feel and aren't responsive or functioning properly, and I'm very exhausted most of the time which has made it so I haven't been able to take care of myself or defend myself, or take a pro-active role. I haven't up till this point had support or anyone take a serious role in helping me with this problem. The people that were involved were very abusive and hardly did anything to help most of the time.

I've done some things that helped on my own including mental and physical exercises, trying to 'focus' and do as many complex and separate movements as possible but at the same time, like twist foot in circular motion while moving arms, wrists and fingers at different speeds and directions, keeping some going while stopping one motion, and trying to relax eye sockets and throat and count or rock head back and forth, while keeping eyes fixated on some object or in a particular position.... eventually I have found that I could start to do more things at once again. As noted above there are still many parts of my body that don't respond, example I used to be able to flex my butt like one of those buff guys flexing their chest, it became that I couldn't willfully feel or make any of the muscle respond at all... at this time only part of the muscle function has returned and I still can't perform rapid or full contractions at will that way I once could. All my body is like this.

NOW some of it is hard for external observation but I swear there is very serious loss of function and it impairs my ability very deeply to live and function, move and think and concentrate and focus and respond to things as they go on.... frustration. o\_O

THERE IS ONE AREA THAT YOU CAN OBSERVE OBVIOUS PROBLEM... my sexual organ (and waste disposal unit), because it's all stiff and tense in one part and doesn't fill with blood properly when I get an erection. like the head stays small while the part closest to my body fills up. I have had a lot of problems with urination including NOT being able to urinate at all because my privates were so shrunken and tensed up, and having urine continue to come out or get trapped inside of me for long periods of time when I'd go to the bathroom....

Also loss of elasticity of skin and skin being super pulled together....

- Tension and elasticity issues,
- Mental and physical energies fluctuate while I work on repairs and relaxing
- Cognitive issues and communication problems gabage and people easily take it the wrong way
- Chemistry issues, bodies ability to do its function
- Extreme physical and mental discomfort, for example burning, stinging, numbness and anger
- Discuss if more therapeutic and systematic treatment of lions available