Dr. Skach and Abuse

So after the staff screwed up my release- I continued to remind them that there were group homes opening in the county I came from and they had planned for me to go to one of them when it happened. The county I came from was even open to the idea of foster care and other immediately available placement just to get me out- but my physician ignored it in despite having approval for release. Instead she had me on medication after medication. I tried Abilify which caused me to have a severe fever and an anti-depressant Effexor that seemed to help a little. I was doing fine and working on my GED, and I was involved in a work program-but DR. Skach kept getting crazy ideas about medications and diagnosis. So I requested a PSRB hearing about my release. I didn’t have any of the conditions she was pushing, but she decided to try to dress up diagnosis for the PSRB hearing, saying I wasn’t psychotic but had a fluctuating depression- she removed the anti-depressant and started lithium, and both changes caused me to have intense reactions. I started to have electrical zaps, shaking, dizziness, and the symptoms associated with Effexor withdrawal syndrome, and later shaking from the lithium.

My attorney called me and informed me I already won my release and Dr. Skach didn’t sound supportive and that her testimony would be detrimental- so we corrected it. But Dr. Skach was upset about this and stopped communicating- meanwhile she still refused to work on my release. A event came up in December 2006 with staff, Martin Turner, who had a long history of incidents with patients. I was allowed to order a pizza but he declined to give it to me, during our conversation, I was bleeding from the nose and mouth, and my glasses were destroyed. Patient (Michael Muller) unnesacarlly harassing, and tackling one into a bookcase (Robby Mitchell), and getting into full pledged fist fights, and my obvious injury, staff tried to hide the situation when I reported it in a grievance and to the police. Days after a nurse practitioner examined me doing a yearly exam and found obvious physical trauma in my nose, but after police requested I be examined by a physician (Dr. Brooks) that doctor reported that I instead had a sinus infection and prescribed an antibiotic, she reported that to the police and they didn’t investigate further. I found out from a friend that on the day I interviewed with police, OSH had also submitted a grievance another patient had wrote about me to police alleging sexual harassment- I had not done such a thing and my friend admitted he lied and he was angered and pressured by another room mate to do it- but OSH was trying to frame me from what Bonite had done Later Dr. Skach decided to try a new medication, as if the incident were my fault- called Seraquel- which soon began to cause severe physical and neurological damage, but it was really the doctors fault. Because they were trying to cover up abuse and misconduct. I had an advocate at Oregon Advocacy Center named Glan Hafollet who tried to investigate

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